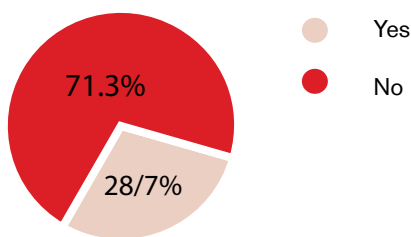


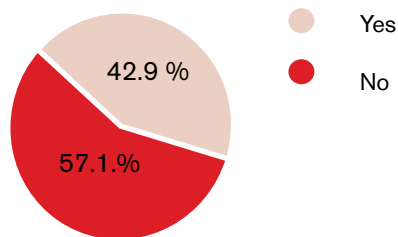
EPM'S SURVEY ON EP MENTAL HEALTH – 10 YEARS LATER

In 2006, EPM conducted a survey about the mental health challenges faced by practicing emergency physicians. The results were shocking. This year we recreated that same survey and reached out to over 500 readers to see how attitudes had shifted in a decade. Here are the full survey results.

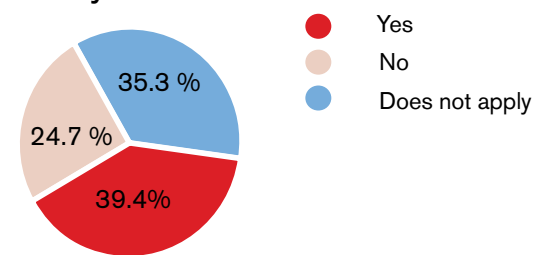
1. Have you ever taken a Burnout Inventory?



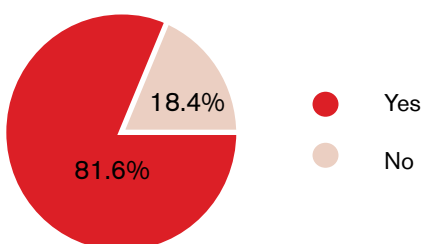
4. Have you ever known (personally) a physician or medical student who completed suicide?



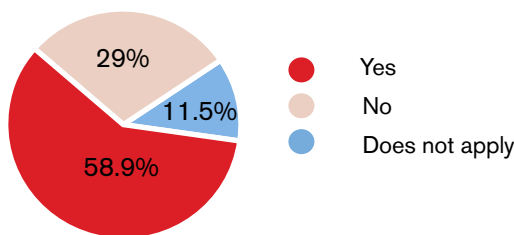
7. If you did NOT seek treatment, was it because you were concerned about reporting requirements or confidentiality?



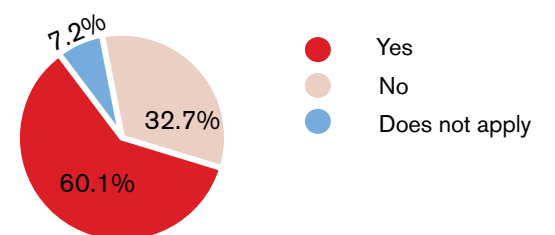
2. Do you fear that you may be burned out?



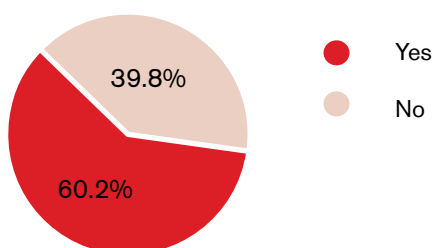
5. Have you ever experienced symptoms that might be/have been indicative of depression?



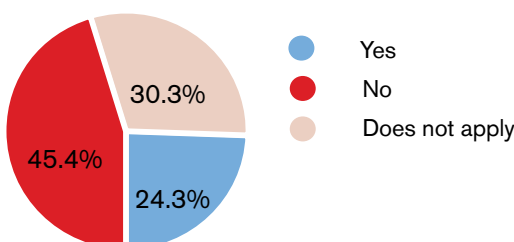
8. Have you been asked whether "you have ever experienced a mental illness" by a licensing agency, employer or credentialer (e.g. hospital):



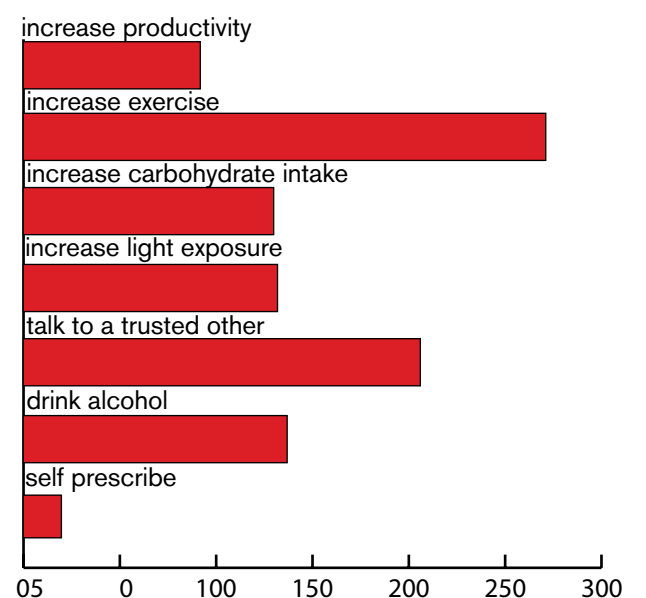
3. Have you ever known personally a physician colleague who has had a clinical depression (diagnosed by someone other than you)?



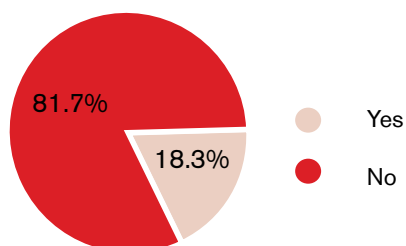
6. If yes, did/have you sought treatment from a professional?



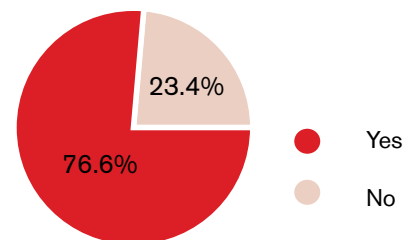
9. Whether or not diagnosed, if you are ever affected by symptoms which might be depressive in nature (feelings of sadness, worthlessness, loss of energy or creativity or libido, somatic symptoms lasting for more than a week) do you:



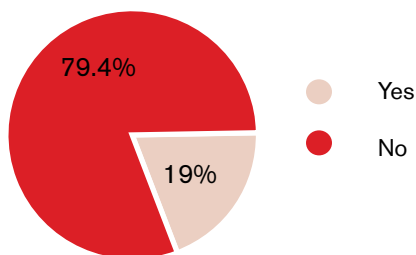
10. If you have ever been depressed or had symptoms which might be depressive in nature, did this occur predominantly or exclusively in the winter?



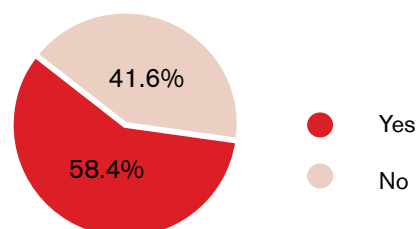
14. Do you have a physician or other source of primary medical care?



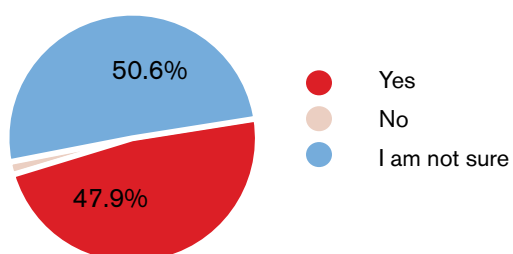
11. If you have ever been depressed or had symptoms which might be depressive in nature, did you ever consider harming yourself while feeling this way?



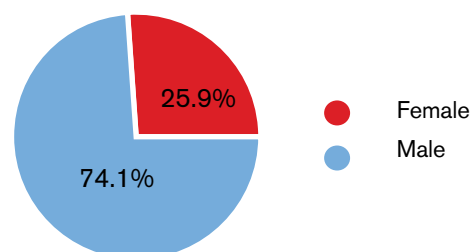
15. If you felt you might be developing depression would you consult this individual?



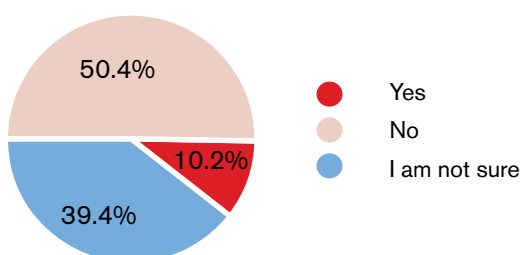
12. Does your state require that you report a potentially impaired colleague to your state physician health program?



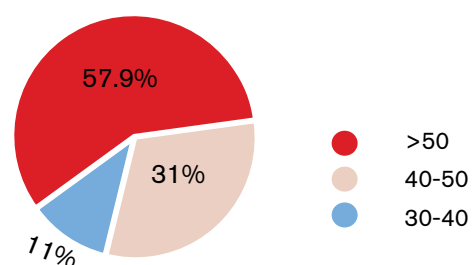
16. Sex:



13. If yes, would you do so even if you were not SURE that there was any evidence of impairment?



17. Age:



18. Area:

